

BUILD A KIT ON A BUDGET CHECKLIST

- Bags or container for kit
- Water - 3 gallons - one gallon per person per day
- Food - enough for 3 days
- Battery - powered or hand-crank radio ([NOAA Weather Radio](#), if possible)
- Extra batteries
- First aid kit - also include applicable prescription medications
- Whistle - to signal for help
- Filter mask
- Moist towelettes
- Wrench or pliers
- Manual can opener
- Plastic sheeting
- Duct tape
- Garbage bags
- Flashlight
- Unique family needs - entertainment, rain gear, blanket